



# YOU SAID YES.

How do I start my  
new life in Christ?

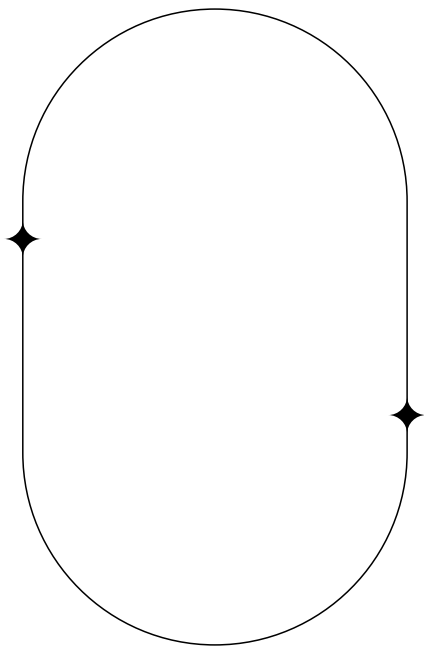
*"Therefore, if anyone is in Christ,  
the new creation has come: The  
old has gone, the new is here!"*

**2 Corinthians 5:17**

# WELCOME

*If you haven't already, please scan the  
code below to let us know you said yes  
to following Jesus.*





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# Introduction

## **You said yes to Jesus. Now what's next?**

Inside this little book, you'll discover more about what your decision to follow Jesus means.

Each day will include daily thoughts from the Bible and ideas to try for yourself.

Together, we'll answer questions like "*what does this mean*", "*what should I do*", and "*what does this change?*" Our hope is that this tool can provide guidance as you begin your journey of following Jesus.

This book is organized into 21 days, but feel free to go at the pace that best helps you grow. You might finish this book in 100 days, 21 days, or a week. You might even keep reading it over and over. Finishing the book is less important than finding direction, growing in confidence, and starting conversations with others about what you're learning.

**You can go through this book on your own, but it's so much better when you read it with someone else.** If you tap or scan the QR code on page one, you can let a pastor know you said yes to Jesus. A pastor, staff or prayer team member would love to talk with you about your decision!

Following Jesus is a process of taking next steps, *one day at a time*. We're thrilled to join you!





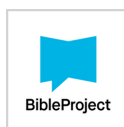
# Helpful Resources

This book is just one of many tools from Connection Church Rincon that can support your faith journey. Below are two additional resources that can be a consistent source of encouragement, guidance, and connection as you step into new life through Jesus.



**The Bible App:** Take the Bible with you wherever you go by downloading the Bible App. Listen to audio Bibles, study with friends, and much more—all for free.

\*We would love to give you a physical Bible if you don't have one.



**The Bible Project:** The Bible Project has free resources like videos, podcasts, articles, and classes to help people experience the Bible in a way that is approachable and transformative.



This book contains several QR codes. You can scan a code using your phone. To scan the code, take out your phone and open your camera. Point your camera at the code, and your phone will display a link. Tap the link to access the content.



# WEEK ONE

Starting to Follow Jesus

# DAY ONE

## What Does It Mean to Say Yes to Jesus?

You said **yes** to Jesus—and we’re really proud of you!

There are a lot of ways you might hear people talk about saying yes to Jesus. You might hear phrases like *“committing your life to Jesus”*, *“becoming a Christian”*, *“getting saved”*, or *“choosing to follow Jesus”*.

But what does it mean to follow Jesus? What changes and what doesn’t? Why?

Those are some of the questions this book will help you answer.

So, let’s start with that first question. **What does it mean to say yes to Jesus?**

Following Jesus means turning away from your old self and old ways, and becoming more like Him. But who is Jesus, and why would we want to be more like Him?

To answer that question, we need to go to the first book of the Bible, Genesis. It tells us that in the beginning, God made the world, humanity included. He gave us the job of enjoying and caring for what He made. But humanity made choices that hurt us, others, and the world. These choices—what the Bible calls *sin*—separated us from our perfect God and limited our ability to do the job He had given us.

Centuries later, God's Son entered the world as a baby named Jesus. Jesus lived around 33 years on Earth and spent that time showing us the best way to live—by loving God and loving others. Then He closed the separation between us and God, His Father, by dying on a cross and rising from the dead.

Why would Jesus, fully God and fully man, have made this kind of sacrifice for us? Before His death, Jesus sat down with a person named Nicodemus late one night. Nicodemus had lots of questions about what it meant to follow Jesus. As part of His response to Nicodemus' questions, Jesus shared some of His most famous words:



*“For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. God sent his Son into the world not to judge the world, but to save the world through him.”*

John 3:16-17

God's love for us is so great that Jesus was willing to die for our sins so we could be a part of His family forever. That's the kind of love that would make anyone want to say yes to His love, forgiveness, and new way of life.

Tomorrow, we'll talk about how that happens, but today, let's consider Jesus' answer as we talk with Him in prayer.

### **Pray with your own words, or try these:**



*God, I have decided to trust that Jesus is Your Son who came to save me and the world. I don't know everything about what this means yet, but I do want to follow Jesus and live His way. Thank You for loving me enough to send Jesus. Thank You for inviting me into Your family. Amen.*

# DAY TWO

## What Happens After I Say Yes to Jesus?

Yesterday we ended with prayer, and today we'll start with it. God likes hearing from us anytime.

**Pray with your own words, or try these:**



*God, thank You for the gift of salvation: saving me from myself and bringing me into a healing relationship with You. Use Your love to shape me today, in the coming weeks, and for the rest of my life. I'm trusting You to make me new. In Jesus' name, amen.*

Christians finish prayers in Jesus' name because this is one of the ways Jesus told us to pray. **We're able to connect with God on a first-name basis because of Jesus' sacrifice for our sins.** And we need this kind of connection if we're going to live our lives His way and become more like Him.

Jesus lived His life with integrity. He loved His enemies, pushed back against injustice, and welcomed people that culture rejected. **After we say yes to Jesus, we start the lifelong process of following Him and becoming more like him.** So, over time, we begin taking on his same traits. In fact, when Jesus summed up all of the commandments in the Bible, He asked us to love God with all we are and to love our neighbors as ourselves.

But is that process automatic, or is it something we have a role in making happen? It's not one or the other—it's both.



He himself is the atoning sacrifice, for our sins, and not only for ours, but also for those of the whole world. But whoever keeps his word, truly in him the love of God is made complete. This is how we know we are in him: The one who says he remains in him should walk just as he walked.  
1 John 2:2, 5-6

Becoming more like Jesus is a process called *sanctification*. God does the heavy lifting, but we can partner with Him in the work He's doing. And for the rest of our journey together, we're going to look at three ways we can do that:

**Learning some of the basics of following Jesus**—Who is God? What does it look like to talk to God and learn more about Him? What are some good next steps we can take? We'll spend the rest of this week answering important questions like these.

**Living like Jesus lived**—During Jesus' time on Earth, He modeled many ways of living that can bring us closer to God, help us connect with Him, and live like Him. These are called spiritual disciplines. We'll spend week two exploring some of these disciplines.

**Loving like Jesus loved**—Nothing makes us grow more like Jesus than loving like He loved. During week three, we'll take a look at what it means to put Jesus' love into practice.



**Pause to consider:**

*Which parts of my life do I hope God will make new? How do I want to partner with God to care for others and the world around me?*

# DAY THREE

## Who is God?

**Is God:**

God the Father?

Jesus the Son?

The Holy Spirit?

All three in one?

**Yes!**

**Choosing to follow Jesus is a three-in-one decision:**

You are accepting the invitation through Jesus (*the Son of God*) to become a child of God the Father, filled with the Holy Spirit, and empowered to live as a daughter or son of God. God is three in one.

We can see God reflected this way, as the Trinity, all throughout the Bible. The Spirit of God was present with God the Father from the beginning of Creation, as seen in the first two sentences of the Bible.



*In the beginning God created the heavens and the earth.  
Now the earth was formless and empty, darkness was  
over the surface of the deep, and the Spirit of God was  
hovering over the waters.*

Genesis 1:1-2



Later, the author of John retells the story of Creation. This time, Jesus is also mentioned and the author refers to Him as God's Word. You'll definitely want to get a Bible or download the Bible App from YouVersion to read all of the book of John soon. Here are a few verses from John 1 that describe the three parts of God's being:



*In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. ... to all who did receive him, to those who believed in his name, he gave the right to become children of God ... The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth. ... No one has ever seen God, but the one and only Son, who is himself God and is in closest relationship with the Father, has made him known. ...*  
*“The man on whom you see the Spirit come down and remain is the one who will baptize with the Holy Spirit.’ I have seen and I testify that this is God’s Chosen One.”*  
John 1:1-2, 12, 14, 18, 33-34

That's a lot. Here's the takeaway: Jesus, God the Father, and the Holy Spirit are One, and Jesus came not just to show us what God is like, but to give us direct access to the Father forever, through the Holy Spirit.



**Pray with your own words, or try these:**

*God, help me to know You as Father, Son, and Holy Spirit.  
Father, You are my Provider. Jesus, You are my Savior.  
Holy Spirit, You are my Guide. In Jesus' name, amen.*

# DAY FOUR

## How Does God Guide Us?

Yesterday we prayed: God, help me get to know You as Father, Son, and Holy Spirit.

***“Holy Spirit, You are my Guide.”***

Who is the Holy Spirit, and how does He guide us? Do we have to act really spiritual to get the Spirit’s attention? Jesus promised something different.

Jesus described the Holy Spirit as a comforter, advocate, helper, and friend. God gave you his Holy Spirit, which now lives inside of you, when you accepted His salvation (*Romans 8:9-11*). As you read Jesus’ words, think about the Holy Spirit as your Comforter, Advocate, Helper, and Friend.



*“And I will ask the Father, and he will give you another **Counselor** to be with you forever. He is the Spirit of truth. The world is unable to receive him because it doesn’t see him or know him. But you do know him, because he remains with you and will be in you.*

John 14:16-17

Jesus made this promise to His followers while telling them He would soon leave to be with the Father.



*Nevertheless, I am telling you the truth. It is for your benefit that I go away, because if I don’t go away the Counselor will not come to you. If I go, I will send him to you.*

John 16:7

His followers might have felt confused, worried, or even abandoned, but Jesus clarified that His physical leaving was less about going away and more about coming closer.



*"I will not leave you as orphans; I am coming to you. In a little while the world will no longer see me, but you will see me. Because I live, you will live too. On that day you will know that I am in my Father, **you are in me, and I am in you.**"*

John 14:18-20

Jesus was coming closer because the Holy Spirit would not only be with us, but in us: The Spirit did what Jesus promised and came to fill His followers with the same comfort, power, and love that filled Jesus.

**By saying yes to living Jesus' way, we invite the Holy Spirit to help, comfort, and advocate for and through us.**



*But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and remind you of everything I have told you.*

John 14:26

God chooses to live within us and guide us. In the coming weeks, we will identify practices for becoming more hospitable to God's presence in our lives.



**Pray with your own words, or try these:**

*God, thank You for the Holy Spirit. Will You continue to help me know You as Comforter, Helper, Advocate, and Friend? I trust You to guide me as I follow the way of Jesus. In Jesus' name, amen.*

# DAY FIVE

## What is Baptism?

In the last few days, we've learned about God's three-in-one nature—the Father, Son, and Holy Spirit—and how God lives in us today through the Holy Spirit. Today, we'll read another story from the Bible with all three parts of the Trinity.

The main topic we're exploring today is baptism. Baptism is a public way Jesus followers declare their decision to follow Jesus. A pastor or trusted friend stands with you in a pool (*or other body of water*) and helps you lean back into the water and come right back up and out.

But why go underwater? It's a symbol representing Jesus' death, resurrection, and new life through Him.

- Leaning back under the water symbolizes your sins being washed away through Jesus' death.
- Being raised out of the water is a picture of being brought back to a new life, like Jesus was raised back to life.



*Therefore we were buried with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, so we too may walk in newness of life.*

Romans 6:4

This public declaration of our new life with Jesus is similar to the way Jesus Himself was baptized.



*Then John allowed him to be baptized. When Jesus was baptized, he went up immediately from the water. The heavens suddenly opened for him, and he saw the Spirit of God descending like a dove and coming down on him. And a voice from heaven said, “This is my beloved Son, with whom I am well-pleased.”*

Matthew 3:13-17

Now, reread the story and imagine yourself as the person being baptized by John. What’s the water like? How does it feel to hear God’s approval? What does God’s voice say to you specifically? How do you notice the Holy Spirit’s presence?

At the end of Jesus’ time on Earth, He gathered His followers together and shared this mission:



*Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.”*

Matthew 28:19-20

When you’ve said **yes** to Jesus’ way of life, baptism is one of the next steps you are to take. Remember, it’s a public declaration that says to the world, “*I have decided to follow Jesus!*”



*Scan this code to learn more, access our more detailed baptism guide, and sign up to be baptized.*

# DAY SIX

## How Do I Get to Know God?

How do you get to know someone? Most of us get to know a new friend by asking questions, spending time together, and sharing meaningful stories from our lives.

But interacting with God can feel a little different than getting tacos and talking with your friends. ***So how do we get to know God?***

### **1. We spend time with God through prayer.**

Prayer is a great way to share experiences, conversations, excitement, needs, and trust-building moments with God.

How do you pray? Prayer is communicating with God. You might thank Him for who He is, ask for support, or simply be silent in God's presence. Prayer isn't a performance, so you don't need to worry about saying the "wrong" things. Instead, it's a way to relate to God, who loves you. So be honest. If it matters to you, then share it with God.

Finally, God's Spirit lives in you, so pay attention to ways God may be trying to get your attention as you pray and throughout your day. *You'll learn more about how to pray on page 24.*

### **2. We read the Bible.**

The Bible is a collection of books written by people thousands of years ago. So, why should we read it today?

We'll talk more about the Bible later, but here are some basics. The Bible helps us to see what God is like and how people like us have come to know Him. Its authors, guided by the Holy Spirit, tell stories of God's goodness, ask relatable questions, and engage with the hardest parts of life. Throughout the Bible, we get to see God's qualities, like His kindness, forgiveness, and justice. And we get to see those qualities lived through the life of Jesus. *You'll learn more about reading the Bible on page 22.*

### **3. We gather with other Jesus followers.**

Getting to know God is about *"Jesus and me"* and *"Jesus and we."* The Bible reminds us very practically how to follow Jesus and get to know God together.



*And let us consider one another in order to provoke love and good works, not neglecting to gather together, as some are in the habit of doing, but encouraging each other, and all the more as you see the day approaching.*  
Hebrews 10:24-25

We get to know Him better by hearing stories of God's faithfulness, listening to wisdom from the Bible, and singing songs about God's love.

A very doable way to build a habit of meeting with Jesus followers is to regularly attend church. It's an opportunity to make friends who also follow Jesus, share how God's working in your life, and practice serving and encouraging others.

If you haven't yet, make a plan to meet others at church this week. Consider inviting a friend, family member, or neighbor so they can experience the life-changing way of Jesus.

# DAY SEVEN

## What Am I Learning?

Congratulations! You've made it to the end of week one. We're so proud of you for taking intentional steps to grow in your faith.

Deciding to follow Jesus is a big decision, and it's probably stirred up some new ideas, questions, and perhaps doubts. That's okay. Remember, **following Jesus is a lifelong journey, so we don't need to have all the mysteries of faith figured out after one week.**

With all of that in mind—how are you doing?

Below, there's space for you to write down two or three words or phrases to describe how you feel about your faith journey so far. Maybe you feel excited and expectant, or you might feel a little uncertain. You might not even be able to describe exactly how you're feeling, and that's okay – we just want you to begin to process the past week.

*Don't worry about having a "right" answer. Your honest answer is the best answer.*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



In the past week, we've seen that God loves us, forgives us, and provides us with a purpose: to become more like Jesus every day. We've also seen that He wants to have a close relationship with us, so He's provided us with ways to relate to Him.

We've only scratched the surface of all there is to know about following Jesus, and we're excited to continue this journey together.

As we conclude week one and get ready for week two, think about and write down a question or two you might have about God, faith, or the Bible. Then, **share your question with a staff member or trusted friend sometime this week.**

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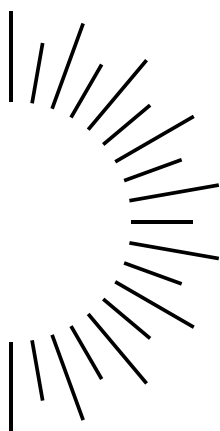
Read the verse below and think about it for a minute or two before talking with God about what you wrote above.



*I am sure of this, that He who started a good work in you will carry it on to completion until the day of Christ Jesus.*  
Philippians 1:6



*We're meant to go through life together. Scan this QR code to connect with our prayer team. We'd love to hear from you and answer any questions you may have!*



# WEEK TWO

Living Like Jesus Lived

# DAY EIGHT

## Who Am I Becoming?

Welcome to week two of our three-week journey! Last week, we discovered that being a Christian begins with a choice to accept God's gift of forgiveness, followed by a *lifelong process* of becoming more like Jesus.

Now, you might be wondering: *What does it actually look like to become more like Jesus?*

***Is it even possible to become more like Jesus?***

After all, Jesus is God, the Creator of everything, who has always existed and who never sinned. How could we possibly become like Him?

How do you become a concert violinist, pro basketball player, or expert chef? First, **you start somewhere**. You say yes to a new way of life. Saying yes doesn't make you a master, but it does make you a learner in the process of becoming something more.

As a learner, you gain knowledge, develop relationships, practice skills, and overcome setbacks. Learners also make mistakes, fall short, and keep moving forward. The word Jesus used for a learner is "disciple."

**When we said yes to Jesus, we said yes to a lifelong process of becoming His disciples.**

For the next two weeks, we're going to explore how to be a disciple of Jesus. First, we'll learn about some of the habits and mindsets Jesus valued and lived out, also called spiritual disciplines. Then, we'll explore how Jesus loved and how we can show the same kinds of sacrificial care to others.



*Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!*  
*2 Corinthians 5:17*

When Jesus saves us, we are made into a new creation. Our old selves, all brokenness, shame, and sin, begin to pass away, and we are created into something entirely new. As the Holy Spirit works in our hearts, we start to reflect more of Christ—His love, His patience, His grace—and less of who we used to be. Though the change is a process, it is powerful and undeniable: we are no longer defined by our past, but by the One who rescued us and is making us more like Him every day.

Every disciple experiences setbacks and failures. If you're like the rest of us, you may have experienced some of those setbacks already. You might have returned to a bad habit, used hurtful words, or failed in the past week. When we fall short, we don't need to hide or run from God or others. His forgiving kindness is always available to help you continue becoming more like Jesus.



**Pray with your own words, or try these:**

*God, You see the mistakes I make. Thank You for forgiving me and guiding me as I become more like Jesus. Holy Spirit, will You help me see one step I can take to grow in love for You, myself, and others today? In Jesus' name, amen.*

# DAY NINE

## How Do I Read the Bible?

To Jesus, the Bible was so much more than words on a page. That's because God shaped the Bible to show followers of Jesus how to live and love across generations. But how do we use it?

Modern Bibles contain two main sections. The first is called the Hebrew Bible or the Old Testament. The second is the New Testament. The New Testament was written after the life of Jesus. But even though Jesus only read from the Old Testament, how He used the Old Testament can inform how we read the whole Bible.

The Bible is, at its core, a book about God: His character, His promises, and His incredible love for humanity. From beginning to end, it tells the story of who God is as Creator of all things, righteous Judge, faithful Redeemer, and loving Father. Every verse points to His plan to rescue and restore a broken world through Jesus Christ. Though the Bible contains many stories, laws, poems, and letters, they all come together to reveal God's nature and His desire for a relationship with us. It's not just a book of rules or history, it's a living testimony of who God is and how He works in the lives of His people.



*All Scripture is inspired by God , and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work.*

2 Timothy 3:16-17

Jesus quoted the Bible to help people understand the heart of God and how He calls us to live. So, as we read the Bible, it can be helpful to ask the question, “How do these words help me love God and love others?”

Be consistent and give yourself grace as you begin to read and understand. Set aside a regular time each day, even if it’s just a few minutes. You can follow a reading plan or pick one book and go through it slowly. Ask questions, talk to others about what you’re reading, and don’t be afraid to seek out trusted resources or leaders for help. The Bible is alive and powerful, and through it, God speaks to us, guides us, and transforms our hearts.



*For the word of God is living and effective and sharper than any double-edged sword, penetrating as far as the separation of soul and spirit, joints and marrow. It is able to judge the thoughts and intentions of the heart.*  
Hebrews 4:12

The Bible is more than just words on a page. It’s a gift from God that has the power to transform us from the inside out. This is why it can be helpful to think of this practice as studying or learning the Bible instead of just reading it. The Bible is meant to be read, reread, explored, meditated on, and reflected on over and over again.



*Scan this code for a series of videos to better understand what the Bible is and how it was written.*

# DAY TEN

## How Do I Pray?

Jesus spent a lot of time in prayer. The Bible tells us on multiple occasions, Jesus stayed up all night to pray. But He's God, right? Why does He need to pray?

During Jesus' time on Earth, He was fully God and fully human. As a human, He was like us and needed to use consistent habits to sustain His relationship with God, His Father. For Jesus, prayer was a source of direction, courage, and connection with God, and prayer can do the same for us.

Check out how Jesus prepared to make a big choice—choosing a core group of followers who would end up founding the church.



*One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles ...*

*Luke 6:12-13*

Jesus didn't just pray before making big decisions. He also prayed to experience closeness with God and to find strength before facing difficult situations. How can we develop a habit of prayer like Jesus?

First, let's talk about how Jesus *didn't* pray.

- Jesus didn't fill His prayers with fancy words.
- Jesus didn't pray to impress the people around Him.
- Jesus didn't pray with a list of demands for God.



Prayer is meant to be a personal conversation with God, your father. Take the pressure off, it isn't a performance. Let go of how you think you should pray and just talk with God openly and honestly.

So, how did Jesus pray?

- Jesus made prayer a priority.
- Jesus prayed in the presence of others.
- Jesus prayed on His own.
- Jesus asked others to pray for Him.

The acronym **P.R.A.Y** is a simple prayer method that can help you deepen your prayer time and focus.

**Praise** God for who He is and what He has done. You can start with gratitude and acknowledge God's goodness.

**Repent** by asking for forgiveness and confessing any wrongdoings/ sin.

**Ask** God for what you want/ need, ask for help for yourself and for others.

**Yield** to God's will in your life and welcome His love, plans, and presence into your day.



### **Today, let's start a habit of prayer.**

*Simply take a few minutes right when you wake up or before going to bed to talk with God. Tell Him what you're thankful for, ask Him for what you need, and listen to His voice. As you do, you'll discover a closer relationship with Jesus every day.*



*How can we pray for you? Tap or scan to share your prayer request, and we'll reach out.*

# DAY ELEVEN

## How Do I Make Friends?

Throughout His ministry, Jesus surrounded Himself with people who could encourage Him, pray for Him, and support Him. Yes, Jesus was their Savior, but He was also their friend.

Here's how Jesus talked about His relationship with His followers:



*"I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you."*

John 15:15

If Jesus chose close relationships, it's a good idea for us to find close relationships with other followers of Jesus, too.

Sometimes life can feel impossibly difficult, and in those moments, we need people we can lean on for prayer, guidance, and support. In times of joy, celebrating with friends can make those moments even more meaningful.

These things are true about relationships because God made us to be like Him. God is in life-giving relationship with Himself as the Father, Son, and Holy Spirit, and He desires a relationship with us. That's why surrounding yourself with people who follow Jesus is an essential spiritual practice—when you do so, you're following God's example.

Do you have the close relationships you need in life? Specifically and most importantly, do you have people who will encourage you in your relationship with Jesus? If not, think about how you can invest in the relationships you already have or find the friendships you need.

**Connect Groups are a great place to start.** At Connection Church Rincon, Connect Groups are small groups of people who seek Jesus together. They meet in homes on various weeknights. Every week, groups meet to enjoy a meal together, share their life with another, read and study scripture, and pray together. Our groups have three main focuses: growth, care, and mission. A connect group isn't just another church event to attend, it's a family to belong to. And we truly believe *community is where real life change happens*.

Finding and making friends can feel awkward or intimidating, but finding your people is worth the initial discomfort. It's life-giving to have friends who celebrate you, support you, and encourage you to keep getting to know Jesus every day.



*Scan this QR code to learn more about Connect Groups and to get signed up.*

# DAY TWELVE

## What Is Worship?

What happens when you join a group of Jesus followers, learn Scripture, pray to God, and build life-changing relationships? *Worship*.

Jesus' life was characterized by worship. What words come to mind when you think about worship? Maybe words like music, instruments, songs—which makes sense! Singing is certainly a way Jesus worshiped.

On the evening before Jesus' execution, He shared a meal with His friends. It was Passover, an important holiday for the Jewish people.

At the end of the meal, Jesus and the disciples sang together. In ancient Jewish culture, people often sang Psalms 113-118 to celebrate Passover. It's likely that Jesus sang these words of praise:



*Who can be compared with the Lord our God, who is enthroned on high? He stoops to look down on heaven and on earth. He lifts the poor from the dust and the needy from the garbage dump. He sets them among princes, even the princes of his own people!*

Psalm 113:5-8



*I called on the name of the Lord: "Please, Lord, save me!" How kind the Lord is! How good he is! So merciful, this God of ours! The Lord protects those of childlike faith; I was facing death, and he saved me. Let my soul be at rest again, for the Lord has been good to me.*

Psalm 116:4-7

These words of praise express awe and celebrate God's qualities and character. He's the Creator and Ruler of the world. He doesn't need to care for us, but He does because He loves us. He pays special attention to people in need of physical or spiritual support.

Today, like the Passover celebration, worship services are used to create space for people to worship God together. Worship songs give Jesus followers the opportunity to remember who God is and what He's done, and give Him the praise He deserves.

Singing is one way we can worship God, but *worship goes beyond something we do through music.*

We worship whenever we express our devotion to God. When we worship God, we're recognizing His awesome qualities and the amazing things He's done. Worship is more about obedience than anything else.

Seeing a sunset, witnessing the birth of a child, or experiencing an answer to prayer can also create moments of praise. **Any moment that reminds us of God's qualities and character is an opportunity for worship.**

This weekend, you'll have the opportunity to worship God through singing with other followers of Jesus at church. But don't wait until then to worship.

Take a few minutes to consider what you're thankful for. Maybe it's the beauty of God's creation, a relationship, or God's forgiveness through Jesus. Express your gratitude to God for who He is and what He's done.



*Scan this QR code to access a playlist of worship songs we sing at Connection Church Rincon.*

# DAY THIRTEEN

## How Do I Stop Doing What's Bad For Me?

Do you ever want to do something even though you know it's wrong?

For three years, everything about Jesus' life was uncomfortable. He shared uncomfortable truths with people in power, endured daily attacks from His critics, and regularly heard about plots to kill Him. But early in His story, He received an offer to skip past all the suffering and take an easier route.

For 40 days, Jesus spent time alone in the desert without food. While He was vulnerable, the devil offered Him an easy way to escape suffering. *(You can read the full story in Matthew 4:1-11 in your Bible.)*

We're tempted when we're offered a shortcut to something we want. Feeling tempted isn't a sin. But giving in to temptation can compromise our integrity and lead to a painful cycle of poor choices. How do we overcome temptation? By looking to Jesus.

Jesus' spiritual practices helped Him overcome temptation.

Jesus knew the Bible, and He also knew His purpose—and how living it out would include making hard, uncomfortable choices for the good of others. Only by making those choices could He change the world. No easy way out and no shortcuts.

In other words, Jesus knew who He was and whose He was. So He refused to compromise His identity and calling for momentary pleasure or relief.

We face temptations every day, both big and small, that can distract us from who we're becoming. Here's the good news: God wants to help you overcome temptation.

Read what one Jesus follower had to say about temptation.



*No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.*

1 Corinthians 10:13

**Let's be like Jesus and prepare for temptation before it strikes.** We do this by studying, believing, worshipping, living out God's truths in the Bible, asking God for help through prayer, sharing vulnerably with others, and looking for the opportunities God provides to escape temptation.

Sometimes the opportunity God provides can look like joining a recovery group, talking with a healthcare professional, or meeting with a pastor to find the tools you need to find freedom.



**Pray with your own words, or try these:**

*Dear God, thank You for always offering me another chance. Help me to recognize and resist temptation when it comes. In Jesus' name, amen.*

# DAY FOURTEEN

## Why Does Jesus Rest?

Do you ever feel anxious about everything going on during the week? Or do you wish you had more time for the people in your life? If so, you're in good company. Life often seems to demand for us to be busy. But Jesus invites us to a different (*and better*) way of living.

Check out this surprising passage from the life of Jesus:



*Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. But Jesus often withdrew to lonely places and prayed.*

Luke 5:15-16

Think about what this passage is saying. People wanted to hear Jesus speak and receive healing—yet Jesus chose to walk away so He could rest. When He sacrificed productivity and opportunities to help others in order to rest, it was a good thing. Why?

**We can only be as helpful as we are healthy.** So like Jesus, we can set boundaries with our time and purposefully slow down. All humans need rest, and because Jesus was fully God and fully man while on Earth, that limitation was true of Him, too.



Rest is also worship. The Bible begins with an account of God creating the world. The story uses a seven-day structure to describe God's work. On the sixth day God created people, but the seventh day was a day of rest. Why is that important? Because humanity's first full day on Earth was a day of rest—not work.

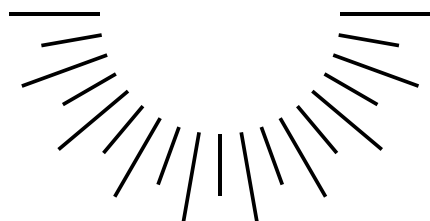
Throughout the Bible, the seventh day of the week is called the Sabbath. On that day, people are invited to worship by not doing work. But how is this worship?

It's easy to forget this basic spiritual truth: God is in control; we're not. When we forget, we tend to try to control our lives through work. We begin obsessing over our to-do lists and worry about falling behind.

When we choose to take a break from our tasks and to-do lists, we're making a declaration that late tasks, unfolded laundry, and unread emails don't threaten God's plan for the world. That's why the Sabbath, a time devoted to rest and connection with God and others, is worship.

You might work long hours and have people who depend on you. Don't feel guilty if you're not able to take a full day off each week to rest. Instead, find moments to rest when you can. Jesus did the same. Once, when He was tired, He simply sat down by a well. Another time, He took a nap in a boat.

So, what about you? How might you add rest into each week, and each day? Consider what true rest, for refocusing and refilling, looks like for you. This might include putting your phone away, listening to worship music, going for a walk, spending time in your favorite hobby, a puzzle, or reading a book. (*Note: rest doesn't mean laziness!*)



# WEEK THREE

Loving Like Jesus Loved

# DAY FIFTEEN

## How Do I Love Like Jesus Loved?

Welcome to the final week of our journey!

Last week, we started some spiritual practices to help us live the way Jesus lived. We witnessed how His mindsets, practices, and habits made way for His ministry. This week, we'll explore how Jesus loved. In other words, how did Jesus relate to other people? How did He make people feel? And How did He use His words and actions to accomplish His purpose?

Let's check out an argument Jesus chose to break up. It happened between a few of His friends and followers:



*An argument started among the disciples as to which of them would be the greatest. Jesus, knowing their thoughts, took a little child and had him stand beside him. Then he said to them, "Whoever welcomes this little child in my name welcomes me; and whoever welcomes me welcomes the one who sent me. For it is the one who is least among you all who is the greatest."*  
Luke 9:46-48

The disciples had the wrong idea of how to achieve greatness as followers of Jesus. Maybe they thought the greatest was the one who performed the greatest miracles or knew the Bible best. But Jesus has a different definition of greatness.

Jesus said that the person who welcomes a child is the greatest. What? Why does that make someone great?

Jesus explained, *“It is the one who is least among you all who is the greatest.”* In other words, Jesus said that the greatest in God’s eyes is the person who isn’t seeking prestige, power, or a platform. Instead, they’re seeking to humbly serve.

Jesus, who is God, came as a baby to a humble family in a small village. When He grew up, He didn’t order His followers around like servants. Instead, He patiently led them and looked for ways to meet their needs.

That’s why He tells us the way to be the greatest in the kingdom is to consistently do good without seeking attention or praise. Service levels playing fields. It helps us see one another as God sees us—all equals, made in His image. And it helps us see God as great and powerful and wonderful and deserving of all praise, and as the One we are really serving as we serve others.

If we want to love like Jesus, we need to pursue His version of greatness. Jesus lived an others-focused life that led Him to hospitality, service, forgiveness, generosity, and telling others about God’s love. We’ll explore each of these topics this week.

So, what are you pursuing in life? The world invites us to be “*great*” by pursuing personal goals that lead us to influence and comfort. Jesus invites us to a different kind of greatness—one focused on serving selflessly and raising others up.



*Tap or scan this QR Code to learn about some of the ways you can serve at Connection Church.*

# DAY SIXTEEN

## Welcoming Others

Have you ever felt “*at home*” in a place that wasn’t your home? Maybe you get that feeling in a church, coffee shop, or at a friend’s house. Or you might feel at home with a family member or friend.

All of us feel “*at home*” when we feel safe to be ourselves and are not worried about doing or saying the wrong thing because we feel loved and accepted as we are.

We all want a place to feel “at home.” Jesus knows this, and that’s why He made people feel at home everywhere He went. He did this by taking time to welcome people into His life, listening, showing empathy, and giving them permission to be honest. We call this hospitality.

In Luke 8, we find a list of people who followed Jesus during His ministry. These were the people Jesus welcomed into His life. They were flawed people, but Jesus’ hospitality turned these different individuals into a kind of family.



*... The Twelve were with him, and also some women who had been cured of evil spirits and diseases: Mary (called Magdalene) from whom seven demons had come out; Joanna the wife of Chuza, the manager of Herod’s household; Susanna; and many others. These women were helping to support them out of their own means.*

Luke 8:1-3

These people couldn't have been more different. The Twelve were from different social classes and came from different backgrounds. They would have had countless opportunities to disagree. But Jesus welcomed each of them, just as they were, into His family.

Then there's Mary Magdalene, a woman Jesus freed from spiritual oppression. Despite her rough background, Jesus welcomed her into His inner circle.

Finally, let's talk about Joanna. She was the wife of King Herod's household manager. King Herod was no friend of Jesus. In Matthew 14, Herod ordered the execution of Jesus' cousin, John the Baptist. But Jesus welcomed Joanna to be a part of His ministry.

**Hospitality breaks down social barriers and builds unlikely friendships.** Hospitality invites us to be less critical and more curious. It helps people realize their God-given value and potential. It builds empathy and turns strangers into neighbors.



**Pause to consider:**

*How do we show hospitality? You can start by thinking about a time someone made you feel seen, cared for, and included. How did their hospitality change you? Then, consider how you might create the same feeling and impact for someone else by partnering with God to become hospitable.*

# DAY SEVENTEEN

## Becoming a Generous Person

In the months leading up to Jesus' ministry, rumors spread about the coming Savior of the world. People had lots of opinions about what He'd be like, so they went to Jesus' cousin for answers.

Many wanted to know how they could get ready for the Savior's arrival. John the Baptist told them this:



... *"Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same."*

*Luke 3:11*

According to John, **generosity makes room in our hearts for Jesus.**

Generosity means sharing what you have to help someone else. See how simple that definition is? It includes our money but also everything else we have—our time, our skills, our resources.

So, how can you become a generous person? It's not complicated, but it's not always easy. Here are a few ways to be generous.

### **1. Ask yourself, "What do I need?"**

God wants us to enjoy the things we have. But we don't own our stuff. God does, and He calls us to share what we have with others. So ask yourself, *"What do I really need?"*



## 2. Ask yourself, “What do I have to share?”

Maybe you have plenty of spare time or a skill you’ve developed. Or maybe you have money that could bless others. No matter what it is, if you have something, you can probably find a way to share it.

## 3. Ask yourself, “What does my community need?”

The people around you have needs you can meet. Maybe your neighbor has experienced a loss and simply being generous with your words and presence could make a difference. Or your local food bank might need volunteers or donations. Your local church is able to open its doors to the community because of generous givers. Researching the needs in your community could inspire generous creativity.

Jesus followers often give regularly out of what they earn each week to their church. Why? Because the church is doing God’s work in your community. So when we give to the church, we provide the church with more opportunities to make an eternal impact.

Jesus was generous, and He invites each of us to live like Him. You have what it takes to be a generous person, because you have the Gospel and **we believe the Gospel creates generous people.**



*Tap or scan this code to learn more about generosity and discover ways you can make a difference.*

# DAY EIGHTEEN

## Noticing and Meeting Needs

Today, let's talk about a skill Jesus shows us in the Bible that's easy to overlook. On the surface, it seems ordinary. But it's actually one of the most important ways we can love like Jesus.

Jesus is brilliant at **noticing needs**.

Dozens of stories in the Bible begin with Jesus walking somewhere and noticing someone in need. Sometimes their need was visible and physical. Other times it was under the surface or spiritual. Either way, Jesus saw the needs of people around Him.

Once Jesus noticed a need, He used what He had to meet it. Sometimes, He'd use His words to meet a spiritual or emotional need. He'd ask for God's help to meet a physical need with the power of God's Spirit living in Him.

**As followers of Jesus, we're called to live "others-focused" lives.** One of the best ways to do that is by serving others. We serve others when we notice their needs and use what we have to meet those needs. Like we talked about yesterday, that often looks like using our time, skills, and resources to help others.

Sometimes, we can't meet a need on our own, but that doesn't mean we can't help. Instead, it's an opportunity to ask for God's help to meet a need that's beyond us.

Remember, as a follower of Jesus, you have the Holy Spirit living in you.

On the night before His execution on the cross, Jesus gathered His disciples and washed their feet. Foot washing before meals was a common practice in that day and, as you might imagine, was a task for the lowest of servants. But Jesus, God in human form, chose to wash the feet of His flawed human followers.

Here's what He said after He washed their feet:



*"I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them."*

John 13:15-17

Followers of Jesus seek to serve others. We notice needs and, with God's help, we meet them. So keep your eyes open today. Who around you might need an encouraging word, prayer for physical or emotional healing, or help with a task? As you live an others-focused life, you'll experience greater closeness with God.

Jesus didn't come to Earth to be served, but to serve (Matthew 20:28) and we imitate his example. We serve out of joy and gratitude for the salvation He gave to us. We believe that *saved people serve people*.



*To let us know you're interested in serving at Connection Church, scan this QR code.*

# DAY NINETEEN

## Forgiving Others

Forgiveness is a big deal to God. He loves to forgive. That's why, throughout the Bible, God generously offers forgiveness and second chances to all kinds of people.

As Christians, we know what it's like to be forgiven. We've all made mistakes and hurtful choices. But God offers us forgiveness through Jesus—not because we earned it, but because God loves to forgive.

It's no surprise that Jesus forgave a lot of people during His ministry. The Gospels tell us He forgave people's sins. At the end of Jesus' ministry, He was beaten, humiliated, and hung on a cross to die. Despite all of the pain He experienced, some of His last words were:



*...“Father, forgive them, for they do not know what they are doing.” ...*  
Luke 23:34

That's how much Jesus loves to forgive. He sees the God-given potential in every person and doesn't jump to judgment.

What does this mean for followers of Jesus? You've probably already guessed it: *Followers of Jesus forgive others.*

One of Jesus' followers, Peter, asked Jesus about forgiveness. He wondered how often he needed to forgive someone who kept messing up. Relatable question, right?

Matthew 18 tells us:



*Then Peter came to Jesus and asked, “Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?” Jesus answered, “I tell you, not seven times, but seventy-seven times.”*

Matthew 18:21-22

Now, this doesn’t mean Jesus wants us to count how many times we forgive someone and then cut them off after seventy-seven. Instead, He’s encouraging us to pursue forgiveness no matter what.

Forgiveness doesn’t mean forgetting what was said or done, and it doesn’t mean excusing what someone’s done. Instead, it means letting go of the need to get back or get even. Forgiveness is a declaration that you refuse to let anger, hurt, or betrayal control your mind and actions.

Forgiveness can also include boundaries. Sometimes we need to forgive and love people from a distance for the health of ourselves and others.

We are forgiven people—so we forgive others. It’s not always easy, and it might feel impossible sometimes, but it’s one of the best ways we can be like our forgiving God.

### **Pray with your own words, or try these:**



*Dear God, thank You for forgiving me, even when I don’t deserve it. Will You show me someone I need to forgive and give me the strength to forgive like You? In Jesus’ name, amen.*

# DAY TWENTY

## Telling People About Jesus

On the last day of Jesus' ministry, He left His disciples with some parting words:



*... “All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”*

Matthew 28:18-20

Let's go through this passage together.

“All authority in heaven and on earth has been given to me.” Jesus is the ruler of heaven and earth. He's the King, and we live in His Kingdom. Jesus' Kingdom isn't like any other nation on Earth. That's because it's filled with people who choose to live and love like Jesus through service, generosity, hospitality, and forgiveness.

*“Therefore **go** and **make disciples** of **all nations**, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.”*

Not everyone has experienced Jesus' grace, forgiveness, and acceptance. Jesus wants to change that, and He wants our help. So He calls us to go into our neighborhoods, workplaces, and all over the world, loving people how Jesus does

and showing them the joy, passion, and purpose of a life that's fully devoted to Him.

This could look like inviting your neighbors to church, sharing the story of what God has done in your life, or any number of ways God can use you to share and show His love to others around you.

*“And surely I am with you always, to the very end of the age.”*

As we go into the world telling people about Jesus, we're not alone. Jesus is with us every step of the way through the Holy Spirit. The Spirit encourages us and gives us strength as we pursue our mission.

How do we obey Jesus' command to share His message and way of life with the world? Christians often call our approach to sharing Jesus with the world “missions.” We become missional locally by getting to know our neighbors and looking for ways to meet the needs of people in our communities. As we get to know others, we share our stories and the way Jesus is changing our lives.

As you invest in your neighborhood or community, look for ways to support global missions as well. At Connection we have missionaries who are being sent to plant Local Churches in unreached nations. We are all called to play a part in global missions, whether we “go”, “send”, or “mobilize”. You may choose to support our missionaries through giving, praying or looking for opportunities to volunteer. You can learn more about our church's approach to missions below.



*Scan to find out more about local and global missions.*

# DAY TWENTY ONE

## What Happens Next?

You're almost finished reading this book, but your story is just beginning. We're so proud of you for going through this journey. Today, we'd like to share these words from an early Jesus follower named Paul.



*... I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.*

Philippians 1:6

Paul wrote these words to a group of Jesus followers two thousand years ago. The whole chapter is full of encouragement for people doing their best to follow Jesus each day. They weren't perfect, but they were making progress, like we are.

We don't know where you were when Jesus found you and you chose to follow Him. And we don't know the challenges you've had to overcome in the past few weeks. But we are confident that God has started a good work in you, and He will continue His work for the rest of your life.

Our prayer for you is the same prayer Paul shared with some of the first Jesus followers in the ancient city of Philippi:



*I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding.*

Philippians 1:9



You said **yes**. Now *keep saying yes* to Jesus every day. Seek progress, not perfection. God is love, so He won't abandon you when life gets hard or when you make a mistake. It won't always feel easy, but as you make progress, you'll witness God working all around you as you live and love like Jesus.

So what happens next?

Your journey of following Jesus is unique—but that doesn't mean you have to figure out your next step on your own. Our pastors would love to help you find the best next step for you.

You might choose to find friends through a Connect Group.

You might choose to get to know more about our church by attending Heart & Soul.

You might choose to use your gifts to make a difference through serving and giving.

This weekend at church, let a pastor or staff member know you finished this book. They'd love to congratulate you and help you discover your best next step as you follow Jesus. Until then, check out the next page for a few more opportunities to grow your faith.

# NEXT STEPS

Congratulations on finishing the book! We hope it gave you some clarity, confidence, and direction as a Jesus follower.

So, what now?

The best thing you can do now is continue taking the daily steps you've been reading about in this book. There isn't one cookie-cutter path for following Jesus, but we've noticed some common steps.

We hope you'll read through these common steps and talk with a pastor or staff member about what's next for you:

- Getting baptized
- Finding a mentor
- Joining a Connect Group
- Sharing your decision to follow Jesus with a friend or family member
- Starting to serve
- Starting to give generously to the work at Connection.
- Seeking counseling
- Inviting someone to church
- Giving back to your church and community
- Join the church by attending Heart & Soul

Once again, congratulations on finishing this book! We are here for every step of the way on your journey in following Jesus.





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